



PRINCIPAL'S MESSAGE

The second semester is off to a fantastic start! We are very excited about the many wonderful things happening in our school. For example, many of our students participated in our annual Young Authors Contest. We are so proud of all who participated. Also, we appreciate everyone who attending our Parent Visitation in January. We hope that you enjoyed working with your child in class. We hope to adjust the way we conduct these visits next school year to give you more time to work with your child. If you have any suggestions, please attend the Stakeholders Meeting to share your thoughts.

This month is our Krewe of Catfish Parade. Due to the changes in school safety, we will invite only our first grade families to attend; however, each 1st grade family will receive four wristbands for them. One person will be able to assist the child in the parade and the other three will watch from the Grandstands or Guest Viewing Areas. In addition, we are in need of first grade family volunteers to help design and build the floats. These floats are located in the Family Center. Please contact Valerie Chiasson to get more information about the time and dates to work. For our PK, K and 2nd grade families, you will be invited to create a shoebox float to decorate our library if you choose. More information will be sent at a later date for this activity.

Our school will celebrate Black History Month in a variety of ways. We will announce accomplishments of notable African Americans and post their pictures around the library. The administration will read a book to each class that is written by an African American author. Classes will research a notable African American and create a poster of the person to display around the library.

Lisa Perrin
Principal

MISSION

Allemands Elementary School is committed to providing high-quality educational opportunities to build the foundation for children to become enthusiastic life-long learners who are equitable, safe, empathetic, and respectful.

VISION

All stakeholders of Allemands Elementary School embrace the education of every student as our top priority by providing a positive foundation for success. Our school prepares students to meet the challenges within the changing global society while preserving our historical culture. There is a profound commitment from stakeholders to help all students become college and career ready, creating life-long learners. Our school provides a safe and inclusive atmosphere created through respect for self, others, and our environment. Actively engaged students aspire to reach their full potential, reflecting the high expectations among our faculty, families, and community.

UPCOMING EVENTS

February

Date	Activity
1st	Playgroup @ 10:00 PTA Board Meeting @ 1:00 Zoom Meeting Link: https://us06web.zoom.us/j/93824317679?pwd=M3lONDIcdXZaYTd3L3VXcGhvV2NUQT09
2nd	Volunteer Day in Family Center SIP Stakeholder Meeting @ 10:00 in Family Center
3rd	Prekindergarten Field Trip
6th-10th	Book Fair Week
8th	Playgroup @ 10:00 Board Meeting @ 6:30
9th	Progress Reports Sent Home Early Dismissal @ 12:45 Parent Teacher Conferences from 1:15-6:15 Blood Drive in parking lot in afternoon
10th	Early Dismissal @ 12:45 Parent Teacher Conferences from 1:15-4:15
13th	Someone Who Loves Me Day Ms. Alex, Ms. Chellie & Kindergarten
14th	Wear red, pink, white, or a Valentine Shirt Someone WHO Love Me Ms. Vanessa, Ms. Heidi, & 1st grade
15th	Playgroup @ 10:00 Someone Who Love Me Day 2nd grade
17th	Purple, green, gold, or Mardi Gras shirt Mardi Gras Parade @ 2:00
20th-24th	Mardi Gras Holidays
2/27	Return to school

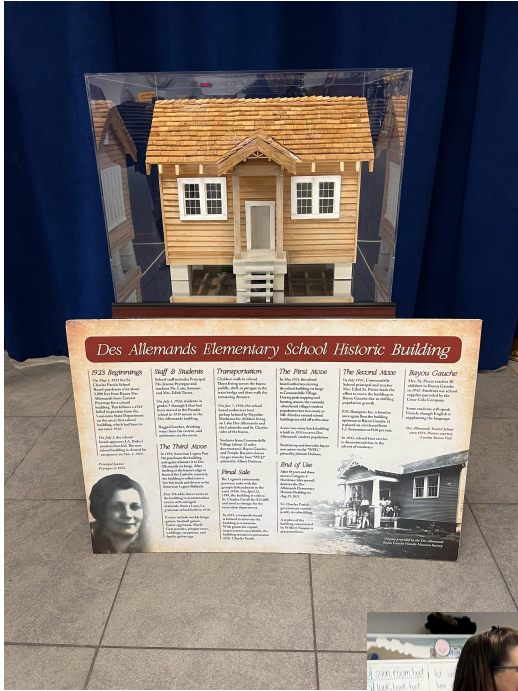


We'll Stand **BAYOU** at AES!



Replica of the first Des Allemands School

The Des Allemands Museum Society worked to restore the original Des Allemands schoolhouse; however, Hurricane Ida destroyed the building. The Society changed their mission to create a replica of the schoolhouse and provide a permanent home for the masterpiece. The replica is now housed at Allemands Elementary School in the library. Members of the group attended our Community Morning Meeting and presented the replica to the faculty, staff and students on January 27, 2023. Thank you to the Museum Society.



Parent Visitation



Outerwear Reminders

Outerwear must open the length of the front by snapping, buttoning, or zipping. No hooded sweatshirts may be worn on any school campus during the school day.

In addition, please make sure that all of your child's outerwear is labelled with their first and last name.

We have a lost and found area with many unclaimed jackets. If your child is missing a jacket, please make sure to have them come to the lost and found.



Don't
Forget!

Newsletter Delivery

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at lbutler@stcharles.k12.la.us and a copy will be sent home each month with your child. Thank you.

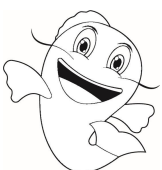
Early Dismissal

When our school has an Early Dismissal schedule, it is imperative to talk to your child about what will be different for that day. If you need to have a child picked up from carpool instead of riding the bus, a note or email must be written and submitted to the office by 10:30. Emails must be sent to gesbus@stcharles.k12.la.us. Please call school if you have any questions about our Early Dismissal procedures. Our Early Dismissal this month is on February 9th and 10th.

SIP Stakeholder Group

We are looking for parents, grandparents, and community members to work with us! Our School Improvement Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives. These meetings will be in-person and will last 30-45 minutes. We will hold these meetings on our Volunteer Days to accommodate stakeholders. Thank you for your feedback! If you are interested in being a part of this group, please contact Valerie Chiasson at vchiasson@stcharles.k12.la.us.

Ms. Williams-Jenkins' Class Cajun Dancing



We'll stand
BAYOU



OUR LEARNING



pre-k

Our Pre-K students are halfway to Kindergarten. We had a wonderful turn out for our Spring Parent Visitation. The students were able to demonstrate what they've been learning in Heggerty, our phonemic awareness curriculum. The skills that were shared were: letter/sound identification, rhyme recognition, onset fluency, isolating medial sounds, as well as blending, segmenting, adding, deleting and substituting phonemes.



kindergarten

Kindergarteners are rocking and rolling with their learning! We enjoyed celebrating our 100th Day of School together. In math, we are decomposing (breaking apart) and composing (putting together) numbers. That means that we will have students break a whole number (8) into 2 parts (4 and 4, 3 and 5, 2 and 6). We will also solve addition and subtraction problems to 10. We are reading kindergarten texts! When we get to a word that we don't know, we say each sound and blend them together to read the whole word. Then, we go back and reread the whole sentence for understanding. Be sure to practice reading Take Home Stories!





OUR LEARNING



first grade

In the month of February, our first graders are continuing to build their knowledge in all subjects. In Skills, we are learning to read and write one and two-syllable words with r-controlled vowels. We started a new reader, *The Green Fern Zoo*. This is our first non-fiction, decodable reader. Have your child discuss the story read in class with you. You can help by asking about the main topic of the story read in class. In Knowledge, we are learning about Astronomy, the study of outer space. In math, we are beginning to learn about place value with tens and ones and will continue solving word problems within 20. Please continue to complete the nightly homework to support your child with the skills we are learning. Please continue to remind your child of the importance in showing CARES throughout our learning day!

second grade

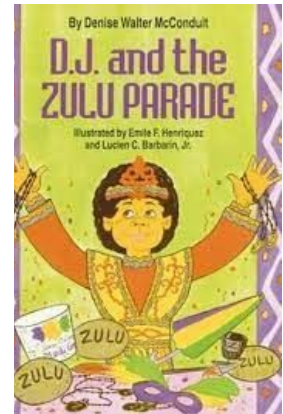
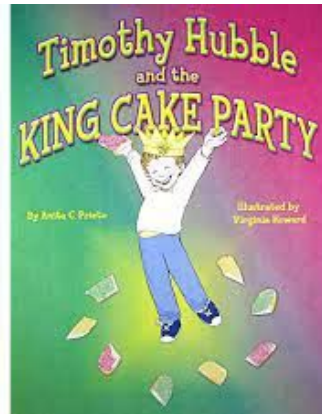
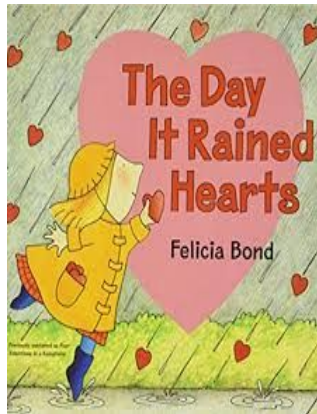
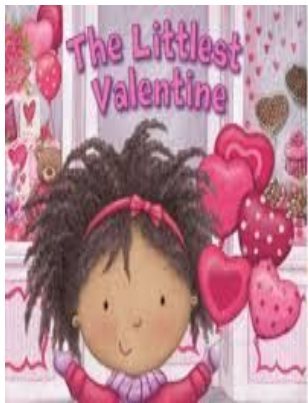
Because we “LOVE” reading, it’s a great time to warm your heart reading a good Valentine’s Day book with your child. Check out *The Day It Rained Hearts* by Felicia Bond or a nonfiction book *Saint Valentine* by Robert Sabuda. You can also check out some Mardi Gras themed books like *On Mardi Gras Day* by Fatima Shaik or *The Amazing Adventures of Mardi Gras Bead Dog* by Cornell P. Landry. In reading, second graders are using reading strategies to help them apply phonics, comprehension, and fluency skills. When readers read fluently, comprehension increases. When your child reads, the reading should sound like natural speech. Encourage them to practice reading carefully and with expression. Second graders will continue reading fiction books. Have conversations with your child about the characters, setting, plot, and any connections. We’re wrapping-up our Westward Expansion domain. By the end of the year, second graders must know all basic facts to 20. Remember to continue using flashcards that were made and completing math fact 2 minute drills nightly. Students can also study facts with math games and various activities in our Google Classrooms. Ask your child to try applying one of the math strategies-Make a Ten and Take from Ten- taught. Working together, we’ll have a fabulous February of teaching and learning!

ENRICHMENT

Librarian's

Letter

FEBRUARY BOOKS



COUNSELOR'S corner

15

HEALTHY HABITS TO TEACH YOUR KIDS FOR A BETTER LIFE

- 1 KEEP A POSITIVE ENVIRONMENT 
- 2 ENCOURAGE YOUR KIDS 
- 3 LIMIT SCREEN TIME 
- 4 INTRODUCE READING HABIT IN YOUR KID FROM EARLY ON
- 5 EAT BREAKFAST IN THE MORNING 
- 6 ENCOURAGE OUTSIDE PLAY 
- 7 MAKE EATING COLORFUL 
- 8 PICK ENJOYABLE PHYSICAL HABITS
- 9 ENJOY A FAMILY DINNER
- 10 FOLLOW A GOOD ROUTINE
- 11 GIVE THEM HOUSEHOLD CHORES AND REWARD THEM 
- 12 MAINTAIN HYGIENE 
- 13 DRINK MORE WATER
- 14 MAINTAIN GOOD ORAL HYGIENE
- 15 MAKE FRIENDS 

TOTALLYMOMSENSE.COM

French FUN

Happy February! We will also be talking about how people in France celebrate Mardi Gras and the different ways people in Louisiana celebrate the holiday by playing virtual Mardi Gras Bingo!



Allemands Elementary Family Center

Together We Can Make a Difference

Valerie Chiasson

vchiasson@stcharles.k12.la.us 985-758-7427

Wednesdays, Thursdays, and Fridays



How Can You Support Your Child Academically:

Find out how your child is doing.

Ask the teacher how well your child is doing in class compared to other students. If your child is not keeping up, especially when it comes to reading, ask what you or the school can do to help. It's important to act early before your child gets too far behind. Also be sure to review your child's report card each time it comes out.

Apply for special services if you think your child may need it.

If your child is having problems with learning, ask the school to evaluate your child in his or her strongest language. The teacher might be able to provide accommodations for your child in class. If the school finds out your child has a learning disability, he can receive extra help at no cost.

Make sure that your child gets homework done.

Let your child know that you think education is important and that homework needs to be done each day. You can help your child with homework by setting aside a special place to study, establishing a regular time for homework, and removing distractions such as the television and social phone calls during homework time.

Find homework help for your child if needed.

If it is difficult for you to help your child with homework or school projects, see if you can find someone else who can help. Contact the school, tutoring groups, after school programs, churches, and libraries. Or see if an older student, neighbor, or friend can help.

Help your child prepare for tests.

Tests play an important role in determining a student's grade. Your child may also take one or more standardized tests during the school year, and your child's teacher may spend class time on test preparation throughout the year. As a parent, there are a number of ways that you can support your child before and after taking a standardized test, as well as a number of ways you can support your child's learning habits on a daily basis that will help her be more prepared when it's time to be tested.



Allemands Elementary Family Center

Together We Can Make a Difference

Valerie Chiasson hablo español

vchiasson@stcharles.k12.la.us 985-758-7427

miércoles, jueves, y viernes

Apoye los esfuerzos académicos de su hijo



Averigua cómo le va a su hijo en sus cursos. Pregúntele a la maestra cómo le está yendo a su hijo en comparación con los demás estudiantes. Si su hijo se está rezagando, especialmente en la lectura, consulte qué puede hacer usted o la escuela para ayudar. Es importante actuar oportunamente antes de que su hijo se retrase demasiado. Lea los reportes o informes escolares de su rendimiento académico. Para obtener más información, consulte la página [Cómo saber si su hijo necesita ayuda adicional](#).

Solicite servicios especiales si cree que su hijo los necesita. Si su hijo está teniendo problemas de aprendizaje, solicite que la escuela lo evalúe en el idioma que más domina. Es probable que la maestra pueda hacer "adaptaciones" en la clase para su hijo. Si la escuela concluye que su hijo tiene una discapacidad de aprendizaje, usted podrá recibir ayuda adicional libre de costo. Para recibir más información consulte la página

Supervise la tarea. Haga a su niño comprender que usted piensa que la educación es algo importante y que hay que cumplir con la tarea escolar. Usted le puede ayudar a su niño con la tarea en las maneras siguientes: aparte un lugar especial para que su niño estudie, fije una hora para hacer la tarea, y elimine las distracciones como el televisor y llamadas sociales. También hay muchas maneras en que usted puede ayudar si no conoce la materia a fondo o porque no domina el inglés tan bien como su hijo.

Busque quién le ayude a su hijo con las tareas. Si se le dificulta ayudarle a su hijo con las tareas o los proyectos escolares, consulte para encontrar a alguien más que pueda ayudarle. Comuníquese con la escuela, los grupos de tutoría, los programas después de la escuela, las iglesias y las bibliotecas o busque la ayuda de un estudiante mayor, vecino o amigo.

Ayude a su hijo preparar para las pruebas. Las pruebas estandarizadas cumplen en la actualidad un papel fundamental en las escuelas públicas de los Estados Unidos. Su hijo puede dar una o más pruebas estandarizadas durante el año escolar y es posible que el maestro de su hijo dedique tiempo de clase a la preparación para el examen a lo largo del año. Como padre o madre, hay muchas formas de apoyar a su hijo antes y después de dar una prueba estandarizada, así como también hay muchas formas de apoyar los hábitos de estudio de su hijo a diario, que lo ayudará a estar mejor preparado cuando llegue el momento de la prueba.

Parent Teacher Conferences

Parent Teacher conferences will be held from 1:15-6:00 on February 9th and 1:15-4:00 on February 10th. Please make sure to attend this important meeting. Contact your child's teacher to sign-up.

Someone Who Loves You

We will have an opportunity for students to have people who are important to them come to AES to do a fun activity and spend some time together. Please look for the flyer for this event.

Mardi Gras shoebox floats & 1st grade parade

Prekindergarten, kindergarten, and 2nd grade families are invited to make a shoebox float to be on display around the library. We're asking for the floats to focus on the child's favorite book. Our 1st graders will host the Krewe of Catfish parade. The first graders will be the only students available to have guests for the parade. Please read the flyer about these events carefully.



Don't forget to eat lunch with a child, the following must be in place.

- The parent must have the one or two guests on the emergency card.
- Parents must sign up the guest(s) on Sign-Up Genius.
- The guest(s) must sign-in with an ID at the office.
- The guest(s) and child will sit at the picnic tables outside.
- The guest(s) will leave when the child's lunchtime is finished.
- Reservations are made by grade level, not classes this semester.

PTA News



Scan QR Code for:
PTA Membership,
Spirit Shirts, Magnets and all
other PTA related signups.

Please welcome our new PTA Board. We meet once a month and would love to have you join us! Our next meeting is Jan 11 at 1:00PM in the Family Center.

President: Erica Dufrene

Vice President: Amanda Martin

Secretary: Celeste Matherne

Treasurer: Laura Brown

School Liaison: Valerie Chiasson & Vanessa Camarata

Faculty/Staff Morale, Social Media & Student

Appreciation Week Chair: Jodie Matherne

Faculty/Staff Appreciation Week Chair: Kelly Madere

Pizza & Paint Chair: Latoya White-Paul

Grade Representative: Tongia Turner

We still have spaces to fill. Email us at

allemandspta@gmail.com if you would like more

information or are interested in the following

opportunities: Fall Fest Committee Member, 2nd Grade

Sendoff Chair

Catfish Character Traits

Our School Improvement Team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In February, we will focus on **Cooperation**. Our teachers will read a grade-specific book and review the trait during the month. Please help us to reinforce these character traits at home and in the community.

2/6 Black History Month. Focus

2/13 Black History Month Focus

2/27 Look for solutions to conflict

"Speak Up, Molly Lou Melon" by Patty Lovell

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: _____

What did he/she do to show acceptance in your home or the community?

Council Name: St. Charles 2022-2023

Place	Gr.	F	NF	P	Student's Name	Title
First	K	X			Killian Lessard	The Shark
Second	K	X			Adelaide Hymel	Rainy Day
Third	K	X				
First	K		X		Korbin Chiasson	My Disney Trip
Second	K		X		Adelaide Hymel	Hurt Feelings
Third	K		X		Charles Owcarz	Insects
First	K			X	Kamryn Mayeux	Watermelon
Second	K			X	Evelyn Bordelon	My Favorite Things
First	1	X			Aliyah Joseph	If I Were an Egyptian Pharaoh
Second	1	X			Hayden Harrell	Once Upon a Time
Third	1	X			Camille Landry	If I Were an Egyptian Pharaoh
First	1		X		Lyla Morel	Axolotl
Second	1		X		Myah Simoneaux	Ancient Egypt
Third	1		X		Eva Tregle	Rockstar
HM	1		X		Braiden Schieffler	When I Grow Up
First	2	X			Peydon Comardelle	The Food Attack!
Second	2	X			Brooklyn Capitano	Apollo and His Cup
Third	2	X			Eva Madere	The Cookies
First	2		X		Tristan Metherne	The Championship Soccer Game
Second	2		X		Rowan Rousseau	Menew's New Friend
Third	2		X		Corbin Gaubert	Winning Out First Game
HM	2		X		Gabriel Strempel	Chuck E. Cheese
First	2			X	Adelynn Schexsnayder	Math
Second	2			X	Peydon Comardelle	Math
Third	2			X	Colton Babin	Math
HM	2			X	Jeremiah Strempel	Dad
First	K		X		Edward Lampo	Cody
Second	K		X		Mekhi Smith	Draw and Paint
First	2	X			Bella Comardelle	Bella and Her Sister
First	2		X		La'Riyah Gross	Movie Night with My Family
Second	2		X		Luke Berniard	Goin' Fishing
Third	2		X		Josiah Polly	The Road Trip

Cajun Dancer Reunion

The Second Grade Cajun Dancers from Allemands Elementary School has been a tradition since the 1980s, until COVID19. During the pandemic, the second graders were not able to learn the art of Cajun dancing; therefore, we are celebrating the return of this loved tradition with a special event. On March 11, 2023 from 4:00pm to 6:00pm current, dancers students who missed this event, and former Cajun dancers will participate in a reunion. The event will provide the opportunity for the current Cajun dancers to perform and invite others to dance with them. Former dancers will have the opportunity to reconnect and share fond memories with one another while dancing the afternoon away. AES is asking everyone to pre-register for the event by signing up on the QR code on the flyer below. Please email ttastet@stcharles.k12.la.us if you have any questions about the event. Laissez les bons temps rouler!

ALLEMANDS ELEMENTARY

*Cajun
Dancer
Reunion*

Saturday, March 11, 2023
4:00 p.m. to 6:00 p.m.
J.B. Martin
Gymnasium
R.S.V.P.



See you there!

February Is Heart Health Month

Take charge of your child's heart health by developing habits now that will reap benefits later in life. An effective way to do this is to make healthy living a priority for the whole family.

If a child sees that eating well and getting plenty of exercise is important to his mom, dad and other family members, he is much more likely to adopt a similar lifestyle as he gets older and eventually moves out of the house.

How to raise a heart-healthy child:

1. Keep moving

Exercise as a family; ride bikes, take a walk, go swimming or play games outside.

2. Be positive

Make heart health fun by incorporating games into your family activities or walk to a park for a healthy picnic dinner. Celebrate successes to promote a positive sense of self-esteem.

3. Limit screen time

Excessive screen time leads to a sedentary lifestyle and constant snacking, which increases the risk for obesity and cardiovascular disease. Limit TV, computer and phone time to two hours each day.

4. Go to the grocery store together

Learn more about reading nutrition labels and make it fun for your child. Staples in your kitchen should be 100 percent whole wheat or grains, low-fat dairy products, poultry, fish and nuts.

5 Keep healthy options on hand

When your child gets home from school, give him healthy snack options such as whole grain crackers and string cheese, hummus dip and vegetables, Greek yogurt with apple slices, nuts and dried fruit.

6. Check salt intake

Avoid processed foods and keep salt shakers off the table.

7. Be realistic

Set realistic goals and limits. Small steps and gradual changes can make a big difference in your child's health over time, so start small and build up.

Melissa Schexnaydre R.N.

Information gathered from;

<https://www.childrens.com/health-wellness/10-ways-to-keep-your-childs-heart-healthy>



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(EOE)

STEAM

Science Technology Engineering Art Math

Technology can be as simple as a ramp, and as complex as a Mars rover! Since technology comes in many forms, using our sun to help us make delicious snacks is a great use of technology! The website below has great pictures showing the step-by-step process to make your own Solar Oven S'mores.

<https://desertchica.com/diy-solar-oven-smores-kids-science-experiment/>

Project Supplies:

cardboard pizza box
aluminum foil
plastic wrap or plastic bag
black construction paper
tape
glue stick
pencil or wooden skewer
scissors or utility knife



S'mores supplies: chocolate, graham crackers, marshmallows

What to Do:

- 1) Cut the "oven door" flap on the box. The size depends on what you are cooking and how much access you need. Our door was large to maximize our s'mores capacity!
- 2) Decorate your solar oven with sharpies. This is a fun *optional* step.
- 3) Glue black construction paper to the bottom of the box. The black color absorbs the heat.
- 4) Glue aluminum foil to the inside of the door. The foil reflects the sun into the oven.
- 5) Tape the plastic over the opening of the door. This will allow the air inside the box to heat up but keep the heat trapped inside the box.
- 6) Add a graham cracker, marshmallow, and chocolate inside the oven.
- 7) Place your oven outside in the sun. I taped a wooden skewer to prop the lid open at an ideal angle.

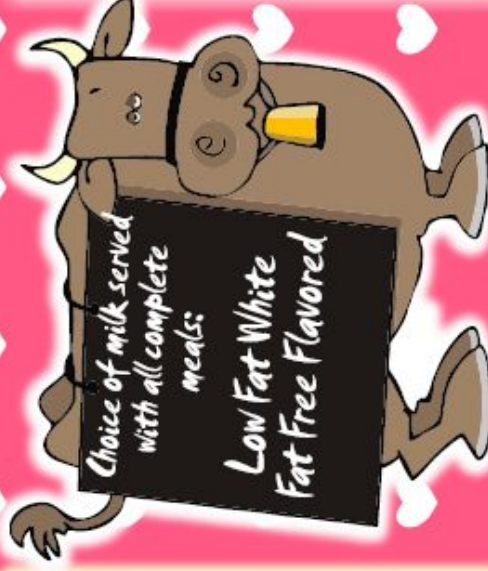
In the article, the mother writes, "The chocolate naturally started melting quickly. So our indicator was the marshmallows, we waited until they had puffed up from the heat. It took about 90 minutes to bake our s'mores. When making these in less extreme temperatures, we just waited until the chocolate melted and called it good enough." Maybe cutting the large marshmallow in half would cut down the time it would take for the marshmallow to puff. If your family makes this project, then please share your photos with lbutler@stcharles.k12.la.us.

Elementary Menus

February 2023

St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.



Can you fit in the “hearty” foods?



Weds., February 1
Breakfast St. Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Fish Sticks Macaroni & Cheese Baked Beans Green Beans Mixed Fruit

Thursday, February 2
Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Chicken Sausage Gumbo Steamed Rice Potato Salad Garden Salad, Crackers Pineapple Tidbits

Friday, February 3
Breakfast Donut Holes Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Hamburger/Cheeseburger Crinkle Cut Fries Lettuce/Tomato/Pickle Orange Wedges Cookie

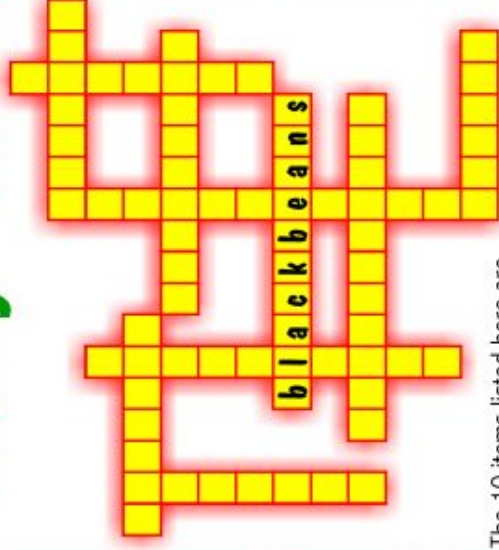
Monday, February 6
Breakfast Pancake/Sausage on Stick Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Red Beans w/Ham Steamed Rice Seasoned Mustard Greens Steamed Carrots Cornbread Poppers Applesauce

Tuesday, February 7
Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Tacos w/Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Peaches

Weds., February 8
Breakfast St. Charley Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Chicken & Sausage Jambalaya Broccoli Florets Garden Salad Graham Bear, Banana

Thursday, February 9
Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Bosco Sticks Marinara Sauce Cup Tomato/Cucumber Salad Pineapple Tidbits

Friday, February 10
Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Gripz Fruit or Juice Choice
Lunch Mini Corn Dogs Green Beans Celery & Carrot w/Ranch Dip Orange Wedges



The 10 items listed here are among the many delicious foods that are also good for heart health! Your family should make room for them on your plates – and you should also try to fit them in to the crossword puzzle above!



Learn more at [www.CHOOSEMYPLATE.gov](http://kidshealth.org/kid/stay_healthy/food/pyramid.html) or http://kidshealth.org/kid/stay_healthy/food/pyramid.html

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

ST. CHARLES PARISH CHILD NUTRITION DEPT.

STRANGE BUT TRUE!



GECKOS CAN RUN UP WALLS AND ACROSS CEILINGS
 - AND EVEN DANGLE FROM ABOVE BY A SINGLE TOE!
 - THANKS TO 500,000 TINY HAIRS ON THE SOLES OF EACH OF THEIR TINY FEET! THE TIPS OF EVERY ONE OF THOSE HAIRS SPLITS INTO HUNDREDS MORE, ENABLING THE GECKO'S FEET TO HOLD ON TO INVISIBLE NOOKS AND CRANNIES ON ANY SURFACE - EVEN THE GLASS WALLS OF AN AQUARIUM

Monday, February 13

Breakfast
 Grits & Canadian Bacon
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Chicken Alfredo Casserole
 Broccoli Florets
 Carrots
 Mixed Fruit

Tuesday, February 14

Breakfast
 Chicken Biscuit
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice



Lunch
 Roasted BBQ Chicken
 Baked Beans
 Potato Salad
 WW Roll
 Pear Half w/Cherry

Weds., February 15

Breakfast
 St Charley Cinnamon Roll
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Potato Soup
 Garden Salad
 Garlic Biscuit Stick
 Banana

Thursday, February 16

Breakfast
 Sausage Biscuit
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Spaghetti & Meatsauce
 Peas & Carrots
 Italian Salad
 Dinner Roll
 Pineapples w/Cherries

Friday, February 17

Breakfast
 Fresh Donut
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Fresh Hot Pizza
 Marinara Sauce
 Green Beans
 Fresh Orange Wedges
 Brownie w/Icing

Monday, February 20

**ENJOY
 YOUR
 MARDI
 GRAS
 BREAK!**

Tuesday, February 21

Weds., February 22

Thursday, February 23

Friday, February 24



Monday, February 27

Breakfast
 Pancakes
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Chicken Tenders
 Waffles w/Syrup
 Green Beans
 Carrots
 Sliced Peaches

Tuesday, February 28

Breakfast
 Chicken Biscuit
 Cereal w/Graham Crackers
 Yogurt w/Gripz
 Fruit or Juice Choice

Lunch
 Orange Chicken
 Fried Rice
 Broccoli Florets
 Asian Chopped Salad
 Mixed Fruit

MATH WIZ

In 1925, after graduating from Indiana University and enlisting and serving in the First World War, Elbert Cox enrolled in Cornell University and became the first black person (in America or anywhere else) to earn a Ph.D. in Mathematics.



AFRICAN AMERICAN HISTORY MONTH!
 Learn more at: <https://news.cornell.edu/stories/2002/02/math-department-honors-cu-pioneer-elbert-cox-fr-black-math-phd>